



Member, United States  
Olympic & Paralympic Committee





Welcome to Logan University!

We are honoured to be hosting the World Para Powerlifting Parapan American Open Championships.

As athletes, you've trained for this moment. Here at Logan, we've been preparing too.

For more than a year now, a great effort has been underway leading up your arrival. From priming our facilities and organising event operations, to coordinating volunteers and facilitating logistics, individuals from our campus, our community and the world have converged for one purpose and one goal: to support your health, safety, and achievement.

Ever since Logan became home of USA Para Powerlifting in 2016, we have felt immense pride to be associated with an organisation that mirrors our own mission and values. Like you, we strive to create an environment of respect, collaboration, and excellence; we aim to offer the highest quality of opportunities and programmes grounded in evidence; and we seek to provide support, services, and resources reflective of best practises and the highest standards.

When you arrive on campus, you'll notice a sort of rallying cry that we've adopted at Logan. On banners, in hallways and across campus, you will see the words Leaders Made. It is this mantra that drives our purpose in being a vital player in future of health care. It is what differentiates from our competitors. Furthermore, it is what unites our chiropractic and health sciences students and faculty who have a fundamental knowledge and understanding of the complexities of human body. Leaders Made is what this event and our partnership with Para Powerlifting is all about.

What you've accomplished to get here has already made you an extraordinary leader. I am certain your ability, strength, and determination will bring historical significance to our campus, the St. Louis community, and the sport of Para Powerlifting.

On behalf of everyone at Logan University, welcome. I wish you great success in your upcoming events and look forward to the opportunity to meet you.

Sincerely,



Clay McDonald, DC, MBA, JD  
President, Logan University

## Table of Contents

<b>1. General Information .....</b>	<b>5</b>
1.1. IPC Membership .....	5
1.2. World Para Powerlifting Rules and Regulations .....	5
1.3. Anti-Doping .....	5
1.4. Classification .....	5
1.5. Medial Information .....	5
1.6. Participant Insurance .....	5
<b>2. Championships Information .....</b>	<b>6</b>
2.1. Championships Dates .....	6
2.2. Preliminary Programme .....	6
2.3. Number of entries per event per NPC .....	6
2.3.1. Individual Event .....	6
2.3.2. Mixed Team Event and Gender Team Events .....	6
2.4. Entries and Registration Process .....	6
2.4.1. Athlete Eligibility .....	7
2.4.2. Entries and Registration Process .....	7
2.4.3. Late entries .....	7
2.4.4. Replacements .....	7
2.4.5. Declaration of Participation .....	7
2.4.6. Final Entry Process .....	7
2.4.7. Championship Participation Fee .....	8
2.4.8. Online Entry System and registration process .....	8
2.5. Results .....	9
2.6. Rankings .....	9
2.7. Records .....	9
<b>3. COVID-19 .....</b>	<b>9</b>
<b>4. Accommodations .....</b>	<b>9</b>
4.1. Type and cost of rooms .....	10
4.2. Payment procedures .....	11
4.3. Cancellation Policy .....	12
<b>5. Transportation .....</b>	<b>12</b>
<b>6. Visa .....</b>	<b>13</b>
6.1. Consular Processing Update: .....	13
6.2. Requirement of Vaccination of Travel to the United States .....	14
6.3. Additional Considerations .....	14

<b>7.</b>	<b><i>The City of St. Louis and of Chesterfield .....</i></b>	<b><i>14</i></b>
<b>8.</b>	<b><i>Contact Details.....</i></b>	<b><i>18</i></b>

## 1. General Information

### 1.1. IPC Membership

The Organising Committee will only accept entries submitted by the NPC / NF in good standing with the IPC. Furthermore, only those entries submitted by the NPC President, Secretary General, or authorised person will be processed. For further information on the IPC's membership policies or to address general membership issues, please contact the World Para Powerlifting (WPPO) office: [info@WorldParaPowerlifting.org](mailto:info@WorldParaPowerlifting.org)

### 1.2. World Para Powerlifting Rules and Regulations

The most current World Para Powerlifting Rules and Regulations published upon the WPPO website alongside the World Para Powerlifting Qualification Pathway 2020-2024 will apply for this competition.

### 1.3. Anti-Doping

The Anti-Doping control / processes will be carried out in full accordance with the IPC AntiDoping Code and the IPC Doping Control Agreement, further details can be found on the WPPO website: [www.paralympic.org/powerlifting/rules-and-regulations/anti-doping](http://www.paralympic.org/powerlifting/rules-and-regulations/anti-doping)

### 1.4. Classification

The most current World Para Powerlifting Classification Rules and Regulations published upon the WPPO website will apply for this competition. All athletes who have a designated sport class status of **New, Review, Review 2022** or earlier will be required to undergo International Classification prior to the start of the competition. A detailed classification schedule will follow after the revision of the final entries by WPPO.

### 1.5. Medial Information

The LOC will ensure the implementation of all necessary and appropriate on-site medical, emergency ambulance, first aid, and physiotherapeutic services throughout the Championships.

For medical treatment, no medical insurances will be provided to any participant during the Championships. All participants are responsible for obtaining their own medical insurance (including COVID-19 insurance and repatriation coverage) and will be responsible for any medical expenses resulting from participation in these Championships

### 1.6. Participant Insurance

Each respective NPC is fully responsible to ensure that all members of their delegation are appropriately insured, including coverage for travel, medical, COVID-19, liability, accidents, and repatriation. Each NPC will need to provide evidence of appropriate insurance coverage for their full delegation by no later than **1 June 2022**. NPCs can email this information directly to the LOC at [AOC2022@logan.edu](mailto:AOC2022@logan.edu).

## 2. Championships Information

### 2.1. Championships Dates

The dates for the 2022 World Para Powerlifting Parapan American Open Championships are as follows:

Course Educators Arrival	1 July 2022
Referee, Classifiers, and coaching courses	2-4 July 2022
Team Arrival dates	4-5 July 2022
Raise the Bar! Anti-Doping Seminar	5-6 July 2022
International Classification	5-6 July 2022
Technical Meeting	7 July 2022
Competition Dates	8-11 July 2022
Teams Departures	12 July 2022

### 2.2. Preliminary Programme

The Provisional timetable and events programme will be provided after the final entries by name deadline. The competition schedule will remain subject to change until the close of the technical meeting.

### 2.3. Number of entries per event per NPC

#### 2.3.1. Individual Event

In accordance with the most current World Para Powerlifting Technical Rules and Regulations published upon the WPPO website.

#### 2.3.2. Mixed Team Event and Gender Team Events

In accordance with the most current World Para Powerlifting Technical Rules and Regulations published upon the WPPO website.

### 2.4. Event viability

Athletes may compete and/or be awarded medals in a single Bodyweight Category or combined categories as detailed below:

a) 3 or more Athletes: All medals will be awarded (Gold, Silver, Bronze)

b) MQS rule: when there is one (1) athlete in a single bodyweight category and they lift equal to or more than the respective level MQS for that bodyweight category as published in the competition information package (Gold).

### 2.5. Entries and Registration Process

In order for athlete entries to be accepted, they must meet the following criteria and deadlines:

#### 2.5.1. Athlete Eligibility

- Be full registered on the IPC Sport Management System (SDMS) with the correct documentation (IPC Eligibility Form and Medical Diagnostic Form) completed fully, signed, and uploaded to the athlete profile;
- Have an active licence for the 2022 Summer Competition Season;
- Be a minimum of 15 year of age by 31 December 2022;
- Have an international classification status of New, Review, Review + Fixed Date or Confirmed

**NOTE:** There is no required Minimum Qualifying Standard (MQS) to enter the St. Louis 2022 Parapan America's Open Championships.

#### 2.5.2. Entries and Registration Process

All competition entries must be completed via the IPC Online entry system at [www.paralympic.org/sdms](http://www.paralympic.org/sdms) by the entry deadlines displayed below. Visa invitations, accommodation applications, accreditation applications, and travel information must be submitted by no later than the deadlines published below.

#### 2.5.3. Late entries

Team must contact the WPPO office if there is a late entry request. All respective information provided by the NPC/NF will be reviewed in consultation with the LOC on a 'case by case' basis and the entry may be accepted/rejected accordingly by WPPO.

#### 2.5.4. Replacements

The WPPO office must be informed if an NPC/NF needs to make a replacement. The replacement of athletes may be accepted due to injury or medical reasons. All respective supporting information regarding the replacement must be sent to the WPPO office and will be reviewed on a 'case by case' bases and accepted/rejected accordingly by WPPO.

#### 2.5.5. Declaration of Participation

By completing and submitting sport entries, NPCs are considered to have officially declared the participation of their athletes in the specified events/categories.

#### 2.5.6. Final Entry Process

All final entries (by name and bodyweight category) must be completed by **8 May 2022**. Please note that after this deadline no changes to the final entries and or final team delegation be accepted unless under exceptional circumstances. Please note that any decisions concerning this matter will be made by WPPO and are not open for further contest or appeal by any other organisation or body. Changes of bodyweight category after **8 May 2022** will only be possible during the verification process. No change will be possible after the Technical Meeting.

#### 2.5.7. Championship Participation Fee

The Championship fee invoice will be automatically generated via the IPC online entry system following the completion and submission of a team's entry by number. All payment must be completed via bank transfer or paid online via credit card by no later than **10 June 2022** to the account detailed below. Please note that cash payments will not be accepted without prior approval from WPPO. Should you have any enquiries concerning your Championships participation fee invoice and or payment please contact the WPPO office: [info@WorldParaPowerlifting.org](mailto:info@WorldParaPowerlifting.org) before the payment deadline.

The participation fee for participants is **500 EUR** per person (athlete and team officials).

Please transfer the full invoice amount without any deduction to the follow bank account and identify your payment by stated the invoice number in the reference field. Please note that the payers to bear all bank charges to ensure that the IPC received the completed amount. The invoice will not be considered as settled if the IPC received less than the complete amount. Please note that incomplete payments will result in all athletes from your delegation being ineligible to compete. NO reimbursements will be granted after the final payment is made.

- Account Name: IPC, Adenauerallee 212-214, D-53113 Bonn, Germany
- Bank: Deutsche Bank AG, D-53113 Bonn, Germany
- Branch No.: 414
- SWIFT Address : DEUT DE DK 380
- IBAN : DE20 3807 0059 0029 0122 20

#### 2.5.8. Online Entry System and registration process

The competition and registration process and timelines are outlined below. Athlete entries will only be accepted via the IPC Online Entry System within the published entry deadlines

Entry by number Opens	20 February 2022
Final Deadline to return Visa invitation letter application	7 March 2022
Entry by number Deadline	31 March 2022
Entry by Name and Accreditation System Opens	1 April 2022
Final Online Entry by Name deadline	8 May 2022
Final Deadline to return: <ul style="list-style-type: none"> <li>▪ Accommodation Application</li> <li>▪ Travel information</li> <li>▪ Complete Online Accreditation Application</li> </ul>	8 May 2022
Full accommodation payment deadline	8 May 2022

**\*Accommodations will not be reserved by the LOC until full payment is received**



## 2.6. Results

Only results of athletes who have active license for the 2022 Summer Competition Season within the given timelines for results recognition and have a sport class status of Review, Review 2023 or later or Confirmed will be taken into consideration.

No hard copy (printing) results per NPC will be distributed as it will be able to download and check the Live Results on the WPPO website

After the close of the competition the official competition results book(s) will be compiled and it will be shared via email with competition teams and uploaded to the competition website within one (1) month of the close of the competitions.

## 2.7. Rankings

All recognised results in accordance with the above will also be updated on WPPO website in the official WPPO 2022 World and Regional ranking lists. The results of new athletes and athletes meeting the Qualification pathway requirements will be included in the Preliminary Paralympic Ranking List.

## 2.8. Records

It will be permitted for athletes to break records in accordance with the most current WPPO Technical Rules and Regulations.

# 3. COVID-19

Logan University is working closely with the USOPC, and the United States government and our main goal is to make a safe and enjoyable competition. United States government guidance will lead our planning to ensure a COVID secure event. In order to make the event as safe as possible for every attendee we will require the complete support and cooperation of all teams. This may include COVID testing in your respective country within 24 hours of departure, at the cost of the NPC. An additional PCR testing in St. Louis on day of arrival at the LOC cost. Any required antigen testing for travel back to your home country at the cost of the NPC. Additional measures may include social distancing, the use of face coverings, and any other elements that the LOC puts into place.

Details of the LOC's COVID measures (including the cost for required test) can be found in the published COVID protocols for the championships on the WPPO website and at [www.logan.edu/AOC2022](http://www.logan.edu/AOC2022)

Any additional PCR test will be covered by the respective NPC and will take place at the hotel or at the competition venue.

# 4. Accommodations

The Drury Plaza Hotel St. Louis Chesterfield and the Hyatt Place Chesterfield are the official hotels of all athletes and team officials during the Championships. These hotels offer accommodation in accessible single, twin, and triple rooms.

Official training for the event will take place at Hyatt Place Chesterfield. All prices below include Breakfast, Lunch, and Dinner (all other hotel charges are the responsibility of the NPC).

Breakfast is provided at each hotel.

Lunch and Dinner will be provided at the Drury Plaza Hotel St. Louis Chesterfield only. Additional information can be found in the accompanying Accommodation Guide on the WPPO website and at [www.logan.edu/AOC2022](http://www.logan.edu/AOC2022). Please note the following:

First Meal – Dinner on day of Arrival

Last Meal – Breakfast on day of Departure

Teams that arrange and pay the accommodation fee for early check-in and/or a late check-in will have access to meals provided at the host hotel during the scheduled dining times.



Drury Plaza Hotel St. Louis Chesterfield

- Address: 355 Chesterfield Center East
- Chesterfield, Missouri 63017
- Phone: +1 636-532-3300
- Website: [www.druryhotels.com](http://www.druryhotels.com)

The Drury Plaza Hotel St. Louis Chesterfield has single and twin rooms **only**. Amenities include

- [Accessibility](#) (per [2010 ADA Standards for Accessible Design](#))



Hyatt Place Chesterfield

- Address: 333 Chesterfield Center,
- Chesterfield, Missouri 63017
- Phone: +1 636-536-6262
- Website: [www.hyatt.com](http://www.hyatt.com)

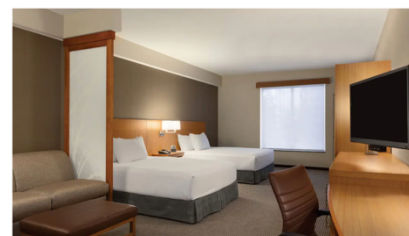
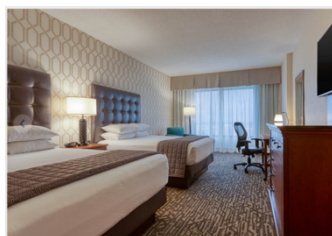
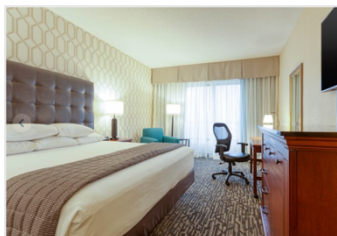
The Hyatt Place Chesterfield has single, twin, and triple room options. Amenities include

- [Accessibility](#) (per [2010 ADA Standards for Accessible Design](#))

#### 4.1. Type and cost of rooms

- **Single Room: 200 USD** per person per night including 3 meals buffet style per day and transportation to and from official competition airport and venue(s)
- **Twin room: 150 USD** per person per night including 3 meals buffet style per day and transportation to and from official competition airport and venue(s)

- **Triple room: 129 USD** per person per night including 3 meals buffet style per day and transportation to and from official competition airport and venue(s)



The check-in time at the official hotels are from 15:00 and the check-out times is until 11:00. Teams who arrive before midnight when their check-in is the following day will have to pay for an extra night. Teams who arrive in the morning on their check-in day may be able to access their rooms at 12:00 if the room is ready. Teams that arrange and pay the accommodation fee for early check-in and/or a late check-out will have access to meals provided at the host hotel during the scheduled dining times.

#### 4.2. Payment procedures

Full accommodation fees must be transferred to the following bank account, by no later than **8 May 2022**. Please note that room bookings will only be reserved and allocated to teams when the accommodation payment has been received in full.

If accommodation is requested after the final payment deadline, please note that availability in the official hotels cannot be guaranteed, and the prices may differ.

Please note that **no cash** payments will be accepted for accommodation fees at these Championships. The NPC will be responsible for all associated international transfer and conversation fees.

Beneficiary Account Name & Address	Logan University, Inc 1851 Schoettler Road Chesterfield, MO 63017-5529
Bank Name	Commerce Bank
Branch Name	811 Main Street Kansas City, MO 64105
Beneficiary Account number	540004028
Swift-Code	CBKCUS44XX
IBAN	101000019
Required notes	2022AOC-Accommodations

Any extra charges and/or fee that may apply to booked rooms other than accommodation (such as laundry, room service, long-distance call, minibar) are each NPC's responsibility. The hotels will **require** a credit card be put on file for reservations at the time of check-in to cover any acquired charges/fees. Any damage to the room and the hotel fixtures, fittings, and

furnishings will be the responsibility of the NPC and will be charged accordingly. If the NPC will be traveling to the Championships without a credit card, the NPC will be charged an 5% incidental fee on the final accommodation invoice to cover such charges. If there are not extra charges and/or fees applied to the booked rooms after the NPC has checked out of the hotel, the LOC will provide the NPC with a full refund of the incidental fee. Teams will not be able to check into the hotels without (a) a credit card to be put on file or (b) proof of payment of 5% incidental fee to the LOC.

#### 4.3. Cancellation Policy

Full payment due **by 8 May 2022**

Cancellation: Full payment refunded **before 8 May 2022**

No payment refunded **on or after 8 May 2022** (except athlete injury and coronavirus). If cancellation is due athlete injury a completed Medical Withdrawal form must be submitted to the LOC and WPPO.

In case of a team member tests positive to Covid-19 prior travel:

- Proof of a positive Covid-19 test in English must be provided for each individual who cannot travel
- Without a proof a positive Covid-19 test in English, a refund of accommodation fee will not be possible
- In case of a country official travel ban related to Covid-19 prior travel:
  - Proof must be provided to the LOC before the start of the event
  - The LOC will return full payment on all cancelled accommodation fee

### 5. Transportation

Transportation will be provided free of charge to all athletes and team officials from/to the official competition airport, **St. Louis Lambert International Airport**, and the official hotels. Teams will be greeted by an LOC volunteer to help ensure they are delivered to the host hotel(s) in a timely and safe manner. Transportation will also be provided free of charge to all athletes and team officials from/to the official hotels and the competition venue.

The distance between the St. Louis Lambert International Airport and the official hotels is 18 miles (28.9km) with the journey taking about 20 minutes by car or bus. The distance between the official hotels and competition venue is 3.6 miles (5.8km) with the journey taking approximately 8 minutes by car or bus.

The competition venue is located on the campus of Logan University inside the [William D. Purser, DC Center](#). The training venue is located within the Hyatt Place Chesterfield.



## 6. Visa

For those delegation members who require visas to enter the United States please visit the [US Department of State – U.S Visas](https://www.state.gov/visas) website to determine what [type of visa](#) is required. Additional information is also provided at [www.logan.edu/AOC2022](http://www.logan.edu/AOC2022). All NPC's that require a visa must complete the Visa Form and provide a passport copy of each individual delegation member and submit it to the LOC. The LOC will provide you with a formal invitation letter together with the list of your delegation to take to your visas appointment. Please be reminded that it is important you arrange all necessary visas well in advance of the respective deadlines.

Foreign nationals traveling to the United States are required to present the following to travel

- Passport
- Visa or [ESTA](#)
- [Proof of full vaccination of COVID-19 – Passenger detail must match those stated in the passport \(name and date of birth\)](#)
  - or, proof of [exception to the requirement](#)
- Negative [COVID-19 test](#) accepted in United States taken within 1 day (24 hours) before departure from the first embarkation point.

### 6.1. Consular Processing Update:

- **Current Status:** Visa processing is likely to remain severely limited for the foreseeable future, and scheduling visas appointments remains a challenge. In November, the U.S. State Department rescinded its prioritization of consular services, opening up availability for those applying for visa classes including the (B1/B2). While this is a positive step in the right direction, we expect the backlog to continue. Several consular posts remain limited, while others have backlogs that extend into 2023.
- **Reminder:** We encourage individuals requiring a visa to travel the United States to apply as soon as possible. If an applicant receives an appointment date that is after their intended date of travel, they should follow the instructions to apply for an expedited/emergency appointment.
- Contact the USOPC Government Relations Office [visainquiry@usopc.org](mailto:visainquiry@usopc.org) if there are challenges related to scheduling visa appointments



## 6.2. Requirement of Vaccination of Travel to the United States

- All foreign national traveling to the United States are required to present proof of full vaccination against COVID-19
  - Limited exceptions to this rule include anyone under the age of 18 and those with medical contraindications
  - [Full vaccination criteria](#) will be based on age and the type of vaccine that has been administered.
  - Travellers will be expected to provide a hard copy of proof of vaccination.
- [All FDA and WHO-approved vaccines](#) are accepted for travel to the United States.
  - The Sputnik vaccine (widely distrusted in Russia, eastern Europe, and some South American countries) is **not** accepted for entry to the United States.
- There is not National Interest Exception (NIE) available as there were in previous Presidential Proclamations. The USOPC does not have a travel waiver for athletes and staff who do not meet these requirements.

## 6.3. Additional Considerations

- At this time, foreign nationals who have been physically present in or transited through the following countries within 14 days of entry to the United States are not eligible to travel to the United States:
  - South Africa, Botswana, Zimbabwe, Namibia, Lesotho, Eswatini, Mozambique, and Malawi

# 7. The City of St. Louis and of Chesterfield

## About St. Louis

St. Louis is the second-largest city in the state of Missouri in the United States. It sits near both the Missouri and the Mississippi Rivers. The Mississippi River is the second-longest river in North America spanning 2,320 miles (3,730 km). St. Louis is known for its rich culture, heritage, and the Gateway Arch.

## St. Louis History

Founded in 1764 by Pierre Laclede, St. Louis was located in the territory owned by Spain and France until the town was purchased by the United States government as part of the Louisiana Purchase. Meriwether Lewis and William Clark began their journey west for exploration of the newly-purchased territory, starting in St. Louis.

St. Louis incorporated as a city in 1823 where the city grew as a hub for commerce and trade, attracting many immigrants from countries like Ireland, Germany, Italy, Slovenia, and other regions in southeastern Europe.

In 1904, St. Louis hosted both the World's Fair and the 1904 Olympic games. More than 20 million people visited the fair during its seven-month run, immortalised in the song "Meet Me in St. Louie, Louie."

▪ Sources:

- [About St. Louis | History \(stlouis-mo.gov\)](https://stlouis-mo.gov)
- [History of St. Louis - St. Louis Genealogical Society \(stlgs.org\)](https://stlgs.org)

Population of St. Louis (city)

301,000

- Source: [U.S. Census Bureau QuickFacts: St. Louis city, Missouri](https://www.census.gov/quickfacts/st-louis-city-missouri)

Climate

St. Louis has a moderate climate with hot, humid summers, averaging about 80 degrees Fahrenheit.

Language

Most commonly-spoken language is English.

Currency

USD

Time Zone

Central Standard Time (CST)

Popular Destinations

- Source: [Explore St. Louis](https://www.explore-st-louis.com)

# A DAY IN *St. Louis*

explore **st.louis**

If you're in the mood for a blockbuster, action-packed tour of St. Louis, then we have just the itinerary for you that includes a collection of highlights from the many things to see and do in St. Louis.



## **GATEWAY ARCH** ▲

The Gateway Arch is a 630-foot tall monument to President Thomas Jefferson and his vision of a continental United States. Take a tram ride to the top for a bird's-eye view of the Mississippi River or watch "Monument to the Dream," a documentary that tells the story of the Arch from concept through construction.

## **CITYGARDEN**

Framed by office towers and surrounded by the hustle and bustle of downtown, Citygarden is a 2.9-acre park, which incorporates a unique design of water, stone, architecture and 24 pieces of modern sculpture by renowned artists.

## **LUNCH SUGGESTION**

**Laclede's Landing** is a nine block historic district featuring restaurants and live entertainment.

## **BALLPARK VILLAGE**

Located next to Busch Stadium, Ballpark Village is the premiere sports themed entertainment district in the region including restaurants, bars, the Cardinals Hall of Fame and Museum and more.

## **MISSOURI BOTANICAL GARDEN** ▼

The Missouri Botanical Garden is considered among the top three public gardens in the world. The magnificent 79-acre garden, a St. Louis institution since 1859, includes an English Woodland garden and the largest traditional Japanese Garden in North America.



## **BUTTERFLY HOUSE**

Wear bright clothing to attract plenty of visitors at the Sophia M. Sachs Butterfly House. This three-story crystal palace is filled with tropical foliage and houses up to 2,000 butterflies in free flight.

## **DINING SUGGESTION**

Enjoy a **Gateway Riverboats Skyline Dinner Cruise** ([www.gatewayarch.com](http://www.gatewayarch.com)) along the mighty Mississippi River.

## **LIVE THE BLUES** ▼

The National Blues Museum explores the Blues and celebrates the genre as the foundation of all modern American music. The facility educates guests in an entertaining environment that includes high impact technology driven experiences, a 100-seat theater, artifact-driven exhibits and robust public programming.





## FOREST PARK

Forest Park is a 1,300 acre park full of entertaining options, including some of the region's most popular attractions. **The Saint Louis Art Museum** houses masterpieces and ancient artifacts from around the world. **The Saint Louis Zoo** is a world-renowned leader in animal conservation projects and is considered among the Top Ten Zoos in the nation and is noted for its naturalistic animal habitats. At the **Missouri History Museum**, you can see where Lindbergh, Lewis & Clark, and the Louisiana Purchase come to life. At the **Saint Louis Science Center**, explore more than 700 hands-on exhibits and find out what it's like to live and work in outer space.

## LUNCH SUGGESTION

Visit St. Louis' "Little Italy" with lunch on **The Hill**, or trek to the region's most eclectic neighborhood known as **The Loop**.

## ANHEUSER-BUSCH BREWERY

After lunch, explore the world-famous Anheuser-Busch Brewery with a tour of the historic Brew House, Budweiser Clydesdale stables, lager cellar, packaging plant, hospitality room and Anheuser-Busch gift shop.

## CITY MUSEUM ▼

The City Museum has taken the term "recycling" to dizzying new heights. Housed in the 600,000 square-foot building that was once home to the International Shoe Company, the museum is the brainchild of local artists who created the museum from all sorts of "found stuff." There are 4,000 square-feet of man-made caves and tunnels, an enchanted forest with sky tunnels, an aquarium, a working shoelace factory, daily circus performances and much more.



## ST. LOUIS UNION STATION

Interact with 13,000+ sea animals and explore life beyond the ocean at the 120,000-square-foot St. Louis Aquarium at Union Station. In addition to the aquarium, the reimagined Union Station complex also features an observation wheel, mini golf, mirror maze, ropes course, several restaurants and a carousel.

## GRANT'S FARM ▼

Explore Grant's Farm, which includes two of President Ulysses S. Grant's homes and take tram rides through the Farm's wildlife preserve and enjoy elephant and bird shows held within a pleasant petting zoo. There's also a collection of antique carriages on display at the Bauernhof and the stables of the world famous Budweiser Clydesdales.



## THE NATIONAL MUSEUM OF TRANSPORTATION ▼

The Museum of Transportation is dedicated to America's love for life in the fast lane. In addition to the unit of the streamline modern-style Coral Court Motel – a popular landmark along historic Route 66 – the museum features more than 300 moving vehicles on display, including locomotives, streetcars and, of course, automobiles.



## DINING SUGGESTION

Check out the worldly **South Grand** neighborhood or travel west to **Westport Plaza** for a variety of restaurants and cuisines.

## 8. Contact Details

### Local Organising Committee

**Contact:** Dr. Kelley Humphries-Mascoll

Local Organising Committee Director

Executive Director of Paralympic Operations, Logan University

**Email:** [AOC2022@logan.edu](mailto:AOC2022@logan.edu)

**Website:** [www.logan.edu/AOC2022](http://www.logan.edu/AOC2022)

**Phone:** +1 636-230-1749

### World Para Powerlifting

**Website:** [www.paralympic.or/powerlifting](http://www.paralympic.or/powerlifting)

**Email:** [Info@WorldParaPowerlifting.org](mailto:Info@WorldParaPowerlifting.org)

**Phone:** +49 228-2097-129



### LOGAN UNIVERSITY

1851 Schoettler Road | Chesterfield, MO 63017  
 logan.edu | 636-227-2100 | 800-782-3344

